



THE 7 LEVELS OF CONFIDENCE

Learn the hidden aspects for success & fulfilment for living abroad

Most people believe that they are positively viewing their world. However deeper subconscious programming once revealed; is the thing that is blocking them from experiencing the true levels of confidence and happiness they crave whilst living abroad.

This unique presentation will bring forwards those unconscious thinking patterns that are robbing them of the success and fulfillment they desire in their personal and professional life. This new self-awareness will allow them to decrease stress and make powerful choices about how they approach work and life and respond to life's uncertain and ever changing circumstances with more calm and ease.

In this session you will learn:

- How your current levels of energy influences your well being, happiness and work life balance.
- How to recognise what has been getting in your way from a more confidence and fulfilling life.
- How to break through your hidden roadblocks by using a step by step pathway to finding more success and happiness in life.
- What actions you can take immediately to increase your sense of accomplishment, personal freedom, relationships and overall health.



A brilliant workshop. The structure is so clear & easy to follow. I understand my challenges better & I'm more aware of my stress reactions. This awareness helps me to make better choices every day & live a more fulfilled life.

Anja Modrow, Expat living in The Netherlands



For more detailed information on Charlotte's presentations
or to book her for your event contact us at:

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